

Being Healthy & Protecting the Environment

The World Peace Diet



A lecture - presentation by
Will Tuttle, Ph.D.

If you wonder how the food you eat affects your health and well-being and that of those you care about, you shouldn't miss this lecture. Will Tuttle, author of the #1 best-seller The World Peace Diet, delivers an inspiring talk about the food we choose, where it comes from, and how it affects us physically, culturally, and spiritually. You will learn how to make positive changes that promote wellness, encourage wisdom and abundance, and minimize our eco-footprints on the Earth.

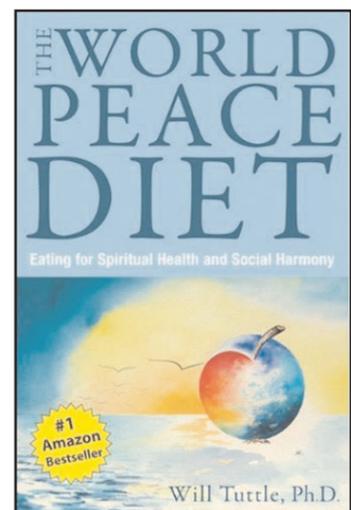
DAY: Friday, August 8, 2014 TIME: 12 Noon
PLACE: Town of New Paltz Community Center,
3 Veterans Drive, New Paltz
Snacks provided by Karma Road Organic Café
and Lagusta's Luscious (confectionary) and others
FREE OF CHARGE
Sponsored by Wildlife Watch, a national wildlife protection organization
headquartered in New Paltz 845-256-1400 www.wildwatch.org

"I've never seen an audience so attentive and enraptured as when Will Tuttle speaks."
 - **Tench Phillips**, president, Art Repertory Films, Norfolk, VA

*"Use **The World Peace Diet** as a guide to empower yourselves and others in making dietary choices that are powerful beyond what you can possibly imagine."*
 - **Julia Butterfly Hill**, environmental activist and noted author

*"A profoundly insightful and important book, **The World Peace Diet** is sure to be a catalyst and powerful tool in the evolution of human consciousness."*
 - **Satya Magazine**

*"**The World Peace Diet** is one of the most provocative books I've ever read. This is a deep book, aglow with insights that penetrate and expose the complacency of a culture that has strayed painfully far from compassion."*
 - **John Robbins**, noted author



Dr. Will Tuttle, acclaimed educator, author, pianist, and composer has lectured and performed widely throughout North America and Europe. His doctorate degree from the University of California, Berkeley, focused on educating intuition in adults, and he has taught college courses in creativity, humanities, mythology, religion, and philosophy. A recipient of the *Courage of Conscience Award*, he is a Dharma Master in the Zen tradition. Devoted to cultural healing and awakening, he has created 7 much-loved CD albums of original piano music, and also his international best-seller, *The World Peace Diet*. He is noted for his clear and inspiring presentations that often include original piano music as well as evocative animal paintings by his spouse, Madeleine, a visionary artist from Switzerland.

See www.worldpeacediet.org for more details.



Your diet can...



Protect the environment...



Protect your health...



Protect animals...



The power is in your food!

Dr. Will Tuttle reveals crucial and empowering information that has been--until now--almost completely concealed. His book, the best-selling *The World Peace Diet*, has been heralded as the harbinger of a new world where peace, freedom, wellness, and harmony are actually possible, and in it, he elucidates the hidden keys to positive individual and social transformation. We will explore the unrecognized connections between our culturally mandated meals and our broad range of problems—psychological, social, and spiritual, as well as health and environmental. Dr. Tuttle offers powerful ways we can all experience healing and peace and contribute to a positive evolution of human consciousness.